

Central Charger Volleyball



Lyndsay Baker – Head Coach

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www.centralchargervolleyball.com



Player Information

Please go to

tinyurl.com/2019ChargerVBinfo

**and fill out the information for all
athletes planning on trying out for the
2019 Volleyball Season**



Summer Camps and Clinics

**Strength and Conditioning
Starting June 3**

**Charger Volleyball Camp
July 15-18**

**Elite Volleyball Camp
July 18-20**



Strength and Conditioning

All Incoming 9th grade-12th graders can participate

**Cost -\$110 Due by May 15th
 -\$120 after May 15th**

-Checks made out to KELLER ISD

- Monday

-VB Skill 7-8am

-WR 8-9:30 am

-Tuesday

-WR 5-6 pm

-Skill 6-7 pm

-Wednesday

-WR 9-10:30 am



Charger Volleyball Camp

Open to all 2nd-9th graders

When -July 15-18 (Session 3 is July 15-17)

Cost -\$110 before July 8

- \$120 after July 8

-Checks made out to Charger

Volleyball

Session 1 -2nd grade-6th grade

1:00 pm-3:00 pm

Session 2 -7th and 8th grade

3:30 pm-6:00 pm

Session 3 -9th grade (3-day camp)

1:00 pm-4:00 pm



Elite Volleyball Camp

Open to any 9th - 12th grader

Coached by Julie Price-Head Coach at Coppell High School

When -July 18-20

8:00 am-12:00 pm

Cost -\$125

-You MUST register online even if paying by check or cash

-Checks made out to Metro Elite

Volleyball



Summer League

**Dates
Dallas**

-Thursday, June 27 @ Lake

Central

-Thursday, July 11 @

Bell

-Thursday, July 18 @ L.D.

Guyer

-Thursday, July 25 @

Cost

-FREE



2019 Sponsorships

- Prevent us from selling “stuff”
 - Returners \$500
 - Freshmen \$200
- Due August 9th
- Sponsorship Levels
 - Platinum \$500
 - Gold \$350
 - Silver \$250
 - Bronze \$100
 - Family \$60



2019 Sponsorships

- What do our sponsors receive for their donation?
 - An ad for their business on 2 program t-shirts
 - 2 tickets to any home match
 - (Family sponsorships get 1 ticket to banquet)
 - Their business logo on our 2019 Sponsorship Banner that hangs in the gym during season



Physicals and Online Paperwork

- Each athlete **MUST** get a physical each year **AND** complete the KISD online paperwork.
- <https://kellersports.rankonesport.com/AthleticPortal/OnlineForms/Default.aspx>
- Please turn physicals in **ASAP**
 - Don't wait until August!
- Email myself or one of our trainers if you have questions or need more information.



Athletic Trainers

We are fortunate to have **THREE** of the best athletic trainers on our campus.

Clarissa Golden

Clarissa.Golden@kellerisd.net

James Wyman

James.Wyman@kellerisd.net

Jonathan Shipley

Jonathan.Shipley@kellerisd.net

They are here to support our athletes. If your child gets injured, it is essential that they see an athletic trainer. The trainers will help them get healthy as quickly as possible, while keeping them on the court and in practices.



Club Volleyball

Let's talk club volleyball with Coach Wells

- Club Tryouts evaluation window opens July 7th
- Accept offers starting July 21st

Some of the clubs our kids play for

- TAV -Drive Nation -ACE -Attack -EMV
- Phoenix -Texas Image -Integrity -940



Volleyball starts August 1st

Tryouts Begin AUGUST 1st!

- Physicals and online paperwork **MUST** be turned in before your daughter can tryout
- 7:30-run the 800
 - Sub-Varsity-3:30/Varsity 3:15
- Please make sure you have a 2-a-day practice schedule



Practice Schedules and Format

Freshman A/B

**Monday, Wednesday, Thursday
mornings @ 6:30**

JV and Varsity –

**Monday, Wednesday, Thursday
afternoons until 5:30**

Every other Wednesday we will practice as a program after school-on those days there will not be morning practices

****All practice times are subject to change depending on campus schedules****



Charger Season Schedule

Special Event Nights

September 17th
Feeder School Night

October 8th
Teacher Appreciation
Lone Star Elementary

October 29th
Parent Night

TBA
Play for a Cause Night

*If you would like to help with any of these nights,
PLEASE contact Coach Baker!*

Central Charger Volleyball 2019 Schedule

DATE	OPPONENT	TEAMS	SITE	TIME
Aug. 5	Scrimmage-Plano West	9B,9A, <u>JV,V</u>	Coppell	9:00 am
Aug. 6	McKinney High, Coppell			
Aug. 6	Colleyville Heritage	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Aug. 8-10	Mansfield Tournament	Varsity	Away	TBA
Aug. 9	Carter-Riverside	9B, 9A, JV	Home	5:30/ 6:30
Aug. 13	Birdville	9B, 9A, <u>IV,V</u>	Away	5:30/ 6:30
Aug. 15-17	Northwest ISD Tournament	Varsity	Away	TBA
Aug. 16	South Hills	9B, 9A, JV	Home	5:30/ 6:30
Aug. 20	Haltom	9B	Away	6:30
Aug. 22-24*	San Marcos Tournament	Varsity	Away	TBA
Aug. 27	Brewer	9B, 9A, <u>IV,V</u>	Home	5:30/ 6:30
Aug. 30	Trinity	9B,9A, <u>IV,V</u>	Away	5:30/ 6:30
Sept. 3	Coppell	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Sept. 6	Haltom	9B, 9A, <u>IV,V</u>	Home	5:30/ 6:30
Sept. 7	Birdville JV Tournament	JV	Away	TBA
Sept. 7	Haltom 9 th Grade Tournament	9B, 9A	Away	TBA
Sept. 10	Richland	9B, 9A, <u>IV,V</u>	Away	5:30/ 6:30
Sept. 13	Timber Creek*	9B, 9A, JV, V	Away	5:30/ 6:30
Sept. 14	Central Classic Tournament	9B, 9A	Home	TBA
Sept. 17	Fossil Ridge*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Sept. 20	Keller*	9B,9B, <u>IV,V</u>	Away	5:30/ 6:30
Sept. 21	Central JV Play Day	JV	Home	TBA
Sept. 21	Fossil Ridge 9 th Grade Tournament	9B, 9A	Away	TBA
Sept. 24	Eaton*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Sept. 27	Guyer*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Sept. 28	Eaton JV Tournament	JV	Away	TBA
Oct. 1	Carroll*	9B,9A, <u>IV,V</u>	Away	5:30/ 6:30
Oct. 4	Byron Nelson*	9B,9A, <u>IV,V</u>	Away	5:30/ 6:30
Oct. 8	Timber Creek*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Oct. 11	Fossil Ridge*	9B,9A, <u>IV,V</u>	Away	5:30/ 6:30
Oct. 15	Keller*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Oct. 18	Eaton*	9B,9A, <u>IV,V</u>	Away	5:30/ 6:30
Oct. 22	Guyer*	9B,9A, <u>IV,V</u>	Away	5:30/ 6:30
Oct. 25	Carroll*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30
Oct. 29	Byron Nelson*	9B,9A, <u>IV,V</u>	Home	5:30/ 6:30

Head Coach: Lyndsay Baker
Assistant Coaches: Ashly English, Kat Gordon, Nitra Woods, Hannah Buran|
Principal:
Athletic Director: Eric Persyn

* Denotes District Matches
All Matches are played 9A and JV @ 5:30 and 9B and Varsity @ 6:30

Revised 3/19/19



Tournament Dates

August 8-10	-Varsity at Mansfield
August 15-17	-Varsity at Northwest
August 21-24	-Varsity at San Marcos
September 7	-JV at Birdville
September 21	-JV Round Robin @ Central
September 28	-JV at Eaton
September 7	-9A/B at Haltom
September 14	-Central Classic
September 21	-9A/B at Fossil Ridge

All players are expected to be available Sept. 14th
AND 21st!



Freshman Tournament

Your help is needed! **September 14th** is the Freshman tournament held at both Central High School and Hillwood Middle School. We would like for our parents to help pick up food and deliver to the both schools before the tournament and at lunch. Last year, we had over 20 restaurants donate food to our tournament and we were so full! If you would like to sign up and help out with the tournament please contact Coach Woods @ ritanitra.woods@kellerisd.net



Program Expectations

- It is an expectation that all players attend all team meetings, practices, and competition
 - Players must complete practices, prior to competition, to be able to participate in games.
- The athlete, not the parent, must notify the coaching staff of an absence before 11:00am for JV/Var and 6:00am for Freshmen for the absence to be considered excused.
 - After a practice is missed, excused or unexcused, each athlete must run an 800 for each practice missed before playing in the next match.



Program Expectations

No Cell Phones

NEW on game days, athletes will turn in their cell phones at 4:00 for 9A/9B and JV and at the beginning of athletics for Varsity.

All athletes will get phones back after the last match has finished for home matches and on the bus headed home for away matches.



Program Expectations

Leaving after school on game days

All athletes will remain on campus after school on home game days. Parents are welcome to bring food or you can purchase pregame meals from Chick-Fil-A and ??? (a sandwich restaurant yet to be determined)

This is an attempt to minimize any outside distractions--we need to get focused for the upcoming match.



FAQ's

1. Can I participate in Band or Choir AND volleyball?
 - a. YES! We work well with all programs to make sure you have the best HS experience!
2. Can I participate in more than one sport?
 - a. Absolutely! We encourage multi-sport athletes
3. How many players will be on each team?
 - a. 9th grade-12 max; JV-12ish; Var-?
4. What can I do to have the best opportunity to make a team?
 - a. ball control, ball control, ball control, participate in summer volleyball activities. The more we see you and know what you can do, the better the chances are that we will like what we see.



Program Information

www.centralchargervolleyball.com

Twitter: @ChargerVB

Facebook: Keller Central Charger
Volleyball

Band: (See next slide)



Program Information



2019 Summer
Communication
through Band

(Everyone)



Program Information

Questions?